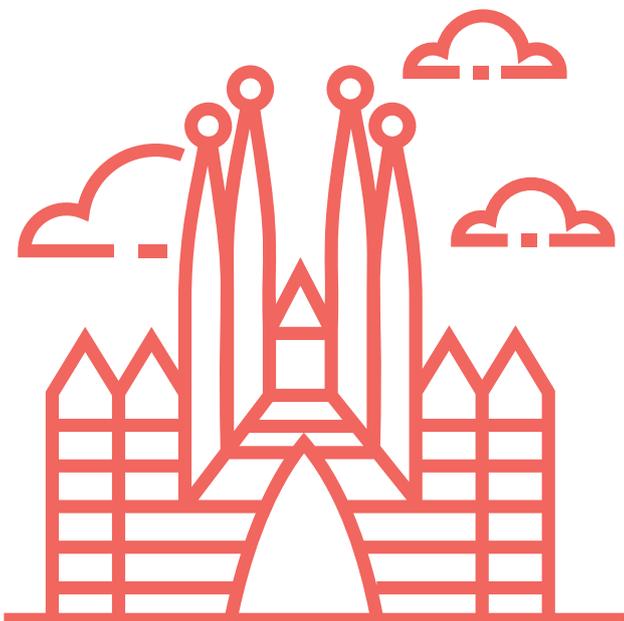


Barcelona City Safety Recommendations

#EUCares

January 7, 2021



#StartHere

Barcelona is a welcoming, cosmopolitan city on the Mediterranean. These are some of the ways you can ensure you make the most of the city while staying safe and healthy.

General safety

We recommend you use the same precautions with your belongings in Barcelona as you would when moving around any city. These include:

- 01 Always **keep a close eye on your belongings**, particularly when on public transport or at the beach.
- 02 **Use a bag that straps across you** and don't keep wallets, phones or other valuables in a backpack that can be easily accessed.
- 03 **Keep copies of all your important documents** such as your passport, NIE or TIE, health insurance, etc. (We recommend taking photos of them and emailing them to yourself.)
- 04 Spanish law requires that you **carry identification with you** at all times, but a photocopy of your passport or national ID card will suffice.
- 05 In case of emergency, **call 112** (for police, ambulance and fire brigade).

Useful links:

General safety recommendations from the Barcelona city hall:

- <https://ajuntament.barcelona.cat/seguretatiprevencio/en/welcome-to-barcelona>

Health and safety regulations to prevent the spread of COVID-19:

- <https://www.barcelona.cat/covid19/en/lockdown-exit-strategy-city>
- <https://www.aspb.cat/documents/covid19-en/>
- <https://www.barcelona.cat/covid19/en>

To prevent the spread of COVID-19

Please note that we have also prepared a booklet listing health and safety guidelines on campus.

- 01 Wash your hands often.** Use soap and water or an alcohol-based hand rub.
- 02 Maintain a safe distance** (at least 1.5 meters), particularly from anyone who is coughing or sneezing.
- 03 Avoid crowds**, both indoors and outdoors, as much as possible.
- 04 Avoid touching your eyes, nose or mouth.**
- 05 Cover your nose and mouth** with your bent elbow or a disposable tissue when you cough or sneeze.
- 06 Avoid sharing** utensils, food or drink.
- 07** It is mandatory to **wear a mask** in all public places at all times, including on the street, in public transport and in all buildings accessible to the public.
- 08 Gatherings** of more than six people (at home or in public) are prohibited.
- 09** A **curfew** was introduced across Spain on October 25, 2020. In Catalonia (Barcelona), all residents must stay at home between the hours of **10 p.m. and 6 a.m.** To accommodate these regulations, no on-campus classes will finish after **9 p.m.**
- 10** Residents **may not travel outside Barcelona.** Travel to and from other autonomous regions is not allowed.
- 11 Bars, cafés and restaurants** may serve breakfast (7.30 a.m. to 9.30 a.m.) and lunch (1 p.m. to 3.30 p.m.). Dinner is available for collection or delivery. Shopping malls and larger shops are closed; other shops are open during the week. However, only shops selling essential items may open at weekends.
- 12 Walk or cycle whenever possible.**
- 13 If you have been in contact with someone who has COVID-19**, you may need to self-isolate for 10 days. Call the health line on **061** for advice.
- 14** If you have a **fever, cough or other symptoms**, call the health line on 061. Always call 061 before going to a hospital emergency department.
- 15 Travelers arriving from abroad** must fill in a health check form but are not required to quarantine. Travelers from countries at risk must provide a negative PCR test dated within 72 hours of arrival. Travel information is available at www.spth.gob.es.

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